

CASE STUDY: Maplebrook School



Does your transition program comply with the law? Maplebrook School is a small international boarding and day school in Amenia, New York, a rural area in the Hudson Valley foothills of the Berkshire Mountains about 90 miles northeast of New York City. In the early 1980's Maplebrook initiated a post-secondary program, expressly to serve adolescents and young adults with learning differences, ages 18-21. Enrollment now averages 50 students annually, served by 5 teachers.

In its early years, the program began searching for instruction to teach the essential life skills young adults need for independence. They found CEC's Life Centered Education transition curriculum particularly flexible and relevant so implemented the original print version. Since its upgrade to an online format in 2012, they have remained consistently satisfied with LCE's ability to improve functional skills that students need beyond high school.

Skills covered by CEC's online transition curriculum and assessment system include:

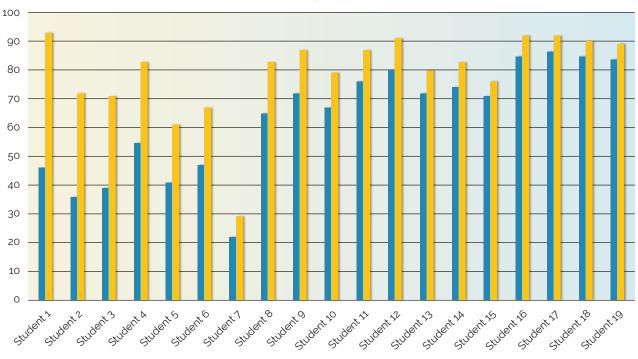
Self-determination Daily Living Skills Employment Skills and Interpersonal Skills · Understanding self- Managing personal finances Identifying and considering determination employment possibilities Selecting and managing a household · Being self-aware Exploring employment choices Developing interpersonal skills · Seeking, securing, and Caring for personal needs Demonstrating relationship Communicating with others maintaining employment Making good decisions responsibilities Exhibiting appropriate · Purchasing, preparing, and Increasing social awareness employability skills Understanding disability rights consuming food Buying and caring for clothing Assuming responsibilities Exhibiting responsible regarding disabilities citizenship · Using recreational facilities, engaging leisure Choosing and accessing transportation

A longitudinal analysis was performed to determine amount of student growth over a two-year period following the school's conversion to the online version of LCE. During the 24-month period, 2014-2016, pre-post improvement scores were tracked on 19 students.

- All 19 students: Showed an increase in overall raw scores across all LCE content areas (daily living, self-determination, and employment skills)
 - Demonstrated a similar amount of gain in each of the three skill areas
 - · Improved on daily living and self-determination skills, and 17 of 19 students (89%) improved on employment skills



2014-2016 Comparison of Pre-Post Improvement Scores in Percentages for Maplebrook Students



Given an established mastery level of 80%, 12 of 19 students (63%) moved from below mastery to above mastery over the two-year period. Improvement was pronounced for five students who performed roughly twice as well — or better — on the LCE post-test than on the pre-test (see students 1-5 in chart, above).

A quarter of Maplebrook students doubled their LCE pre-post test scores

Superstar Students	Pre-test Percent Correct	Post-test Percent Correct	Percent Improvement
Student 1	46	93	100
Student 2	36	72	98
Student 3	39	71	82
Student 4	55	83	49
Student 5	41	61	48





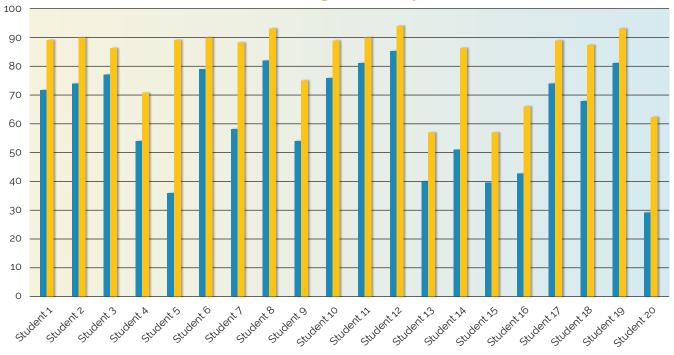
Replication Study Reconfirms LCE's Ability to Improve Student Outcomes – September, 2016–June, 2018

This case study was replicated with 20 different students during the time period between September 2016 and June 2018. The time-series analysis again held each student as his/her own control.

When compared to the 2014-2016 results, improvements in the 2018 replication study were even more dramatic:

- Each of the 20 students showed an increase in overall raw scores for every LCE content area (daily living, self-determination, and employment skills)
- Learning gains in each of the three skill areas were similar, and high (by 13-17%)
- Exit outcomes averaged around the established 80% mastery level
 - » Daily living skills Pretest average across all students = 61%; post-test average 78%
 - » Self-determination Pretest average across all students = 68%; post-test average 81%
 - » Employment skills Pretest average across all students = 61%; post-test average 79%

2016-2018 Comparison of Pre-Post Improvement Scores in Percentages for Maplebrook Students







In the 2016-2018 replication study, 16 of the 20 participating students (80%) moved from below mastery to above mastery over the two-year period (which is even more remarkable than the 63% of students who moved from below to above mastery in the previous study). Data from the most recent study showed improvement most pronounced for three students who demonstrated pre-post test increases anywhere from 26-53 percentage points (across these three students, their average pre-post gain was 36%).

LCE replication study again reveals super-star performers at Maplebrook

Superstar Students	Pre-test Percent Correct	Post-test Percent Correct	Percent Improvement
Student 5	34	87	53
Student 14	53	83	30
Student 20	30	56	26

Maplebrook uses LCE in the following courses to reinforce a variety of academic and functional skills:

Courses	Student Needs Addressed
 Finance Money Management Occupational Studies Self-advocacy Time Management Career Planning Community Service Character Education Psychology 	 Judgment Initiative Persistence Diplomacy Flexibility Organization Collaboration Negotiation Positivism

According to Administrator Scott Miller, "Maplebrook students have historically improved in all three of LCE's skill areas: daily living, self-determination/interpersonal, and employment. The data repeatedly show that the program consistently generates measurable – and substantial – learning gains."

Life centered education (Curriculum). Copyright 2012 by the Council for Exceptional Children. Available from https://lce.cec.sped.org

